



OPTIPHI BALANCING FACIAL

Gentle facial, designed for any skin type. Promotes cell activity and increases circulation & cell activity

60 min / R500

OPTIPHI DEEP CLEANSE FACIAL

Provides a fresh, cool feeling to the skin. Uses steam, mechanical & chemical exfoliation to remove congestion and clean blocked pores

45min / R400

OPTIPHI INDULGENT FACIAL

Treats a multitude of skin concerns with the use of peptides, botanicals and carefully selected active ingredients. Tailored by the therapist to meet the client's needs. Various treatment selections.

75 min / R750

OPTIPHI ADD ON EYE TREATMENT

Hydrating, soothing eye mask treatment. Additional take home mask included.

10 min / R250



OPTIPHI RADIANCE BOOST FACIAL

Brighten and energise your skin. Your results would be a smoother, radiant and vibrantly alive skin. Delays premature ageing, retexturises, renews and firms while treating lines and wrinkles. Environmental protection, treats hormonal shifts and defends against dehydration.

90 min / R750

OPTIPHI FIRMING PEPTIDE FACIAL

Brighten and energise your skin. Your results would be a smoother, radiant and vibrantly alive skin. Delays premature ageing, retexturises, renews and firms while treating lines and wrinkles. Environmental protection, treats hormonal shifts and defends against dehydration.

90 min / R750

OPTIPHI HYDRATE & REPAIR FACIAL

This indulgent facial targets signs of redness, irritation and breakouts in the skin. This customizable treatment is a luxurious sensorial experience delivering perceivable results.

90 min / R750

DERMAPLANING ADD ON

This procedure involves a scapel tool, that exfoliates your skin and gets rid of dirt and vellus hair. The exfoliation and hair removal can leave your skin brighter and smoother. The treatment soften fine lines and wrinkles and ease hyperpigmentation, or uneven skin tone. It's also used to treat deep acne scars

R150



OPTIPHI SKIN REJUVUNATION PEEL

A rejuvenating peel with a difference – Experience true skin rejuvenation results without the nasty side effects generally associated with peeling. The skin rejuvenation peel is the first peeling system to offer a solution to all skin conditions by combining the regenerative capabilities of Glycolic Acid and intensely hydrating active ingredients. No down time... can be used even on sensitive skin.

Unlike other peels, this will stimulate skin growth and make skin thicker. Results driven facial

60 min / R650

OPTIPHI LYPOHYDROXY ACID PEEL

Lipohydroxy Acid (LHA) is a new generation beta hydroxy acid. The LHA Peel is depth dependant, not time dependant, and thus does not need neutralizing. This oil-based peel is highly lipophilic which means it dissolves oils on the surface and thus allows for an extended exfoliating action of up to 4 days.

Beautiful instant results.

45 min / R700

OPTIPHI NANO NEEDLING ADD ON

Nano cartridge comprised of tiny, pyramid-like needle tips on a flat base with 0.015mm depth of piercing, is used to make microscopic punctures in the upper layers of the epidermis. The tips of the cartridge are thinner than a human hair and are designed to; exfoliate the skin removing dead skin cells; create microscopic puncture wounds allowing optiphi® peels and / or range of super boosting skin serums to penetrate deeper into the skin; encourage collagen growth and elastin to strengthen.

15 min / R200



OPTIPHI 30 / 30 PEEL

The new 30|30 Peel is an ingenious combination of 30% Glycolic Acid, 30% Ascorbic Acid and Glycyrrhetic Acid. This trio of acids, synergistically and directly targets the signs of UV-induced aging. Ascorbic Acid and Glycolic Acid offer a host of anti-pigmentation and anti-aging benefits, such as aiding skin immunity, boosting collagen production and protection, reinforcing the skin's barrier and minimizing skin sensitivity and redness commonly resulting from UV exposure. The addition of the potent anti-oxidant, Glycyrrhetic Acid to the peel formulation, delivers a powerful calming effect on the skin. It reduces skin sensitivity and redness by targeting the inflammatory pathways, in turn assisting in reducing post-inflammatory hyper-pigmentation.

60 min / R700

OPTIPHI RETINOL PEEL

Retinol is a type of vitamin A. Rather than only removing dead skin cells as many other anti-aging and acne products do, the small molecules that make up retinol penetrate to deeper levels in the skin, helping neutralize free radicals and so boost the production of elastin and collagen. This creates a "plumping" effect that reduces the appearance of fine lines, wrinkles, and enlarged pores. At the same time, retinol has an exfoliating effect on the skin's surface that can further improve texture and tone. We also include a take home serum in this treatment to help with inflammation & recovery for optimal results.

40 min / R850

OPTIPHI MICRONEEDLING

This revolutionary micro-needling device aims to tighten, lift and rejuvenate skin. The Device can visibly improve the appearance of fine lines, wrinkles, stretch marks and scars (surgical, acne or trauma induced). It can also be used for the stimulation of hair growth. When the needle tip makes contact with the skin, the needles create tiny punctures into the skin's surface, causing micro-trauma, and inducing a wound healing response, and subsequently, the creation of new healthy collagen. The punctures also act as micro-channels that carry topical nutrients used during the treatment, deep into skin layers for an increased effect.

**90min / R1000 (face)
R1200 (Face & neck area)**



DERMEXEL CLARIFY PEEL

Clarify Peel is a superficial peel, with no downtime. Ideal for acne and congested pores. Rosacea, Aging and sun-damaged skin and Pigmentation
Its sebumetric effect will regulate sebum production and secretion. The Salicylic acid in Clarify peel, removes intercellular lipids, resulting in a decrease of cornified cells, followed by activation of epidermal basal cells, and underlying fibroblasts. Anti-inflammatory, antimicrobial, and antifungal

15% Clarify peel / R495

30% clarify peel / R700

DERMEXEL REJUVINIZE PEEL

Rejuvenize Peel is a superficial peel, with no downtime. It offers Anti-inflammatory, Keratolytic, as well as antioxidant effects. The Glycolic acid in Rejuvenize peel has the smallest molecular weight amongst all the alpha-hydroxy acids. It penetrates the skin easily, making it a popular peel agent. It remodels the epidermal, and dermal extracellular matrix.

Ideal for dry skin, Aging & sun-damaged skin, Pigmentation, Dull & lifeless skin, Rough skin texture, Acne breakouts

60 min / R700

DERMEXEL ULIMINIZE PEEL

Illuminize peel increases cellular turnover, followed by the release of cytokines and inflammatory mediators, resulting in thickening of the epidermis, deposition of collagen, reorganization of structural elements, and an increased dermal volume.

Illuminize peel replaces, and reorients new dermal connective tissue.

This results in an improved clinical appearance of the skin, with fewer lines and wrinkles, decreased pigmentary dyschromia, and a more youthful appearance

60min / R700



THERAPEUTIC HONEY BUSH FACIAL

Kalahari Honeybush Facial Treatment is a combination of effective African plant extracts and oils that will nourish a dull and dehydrated skin. The skin will appear rejuvenated and ultra hydrated. This treatment includes a face and neck massage and is suitable for all skin conditions, including young skins.

50min / R420

VITAMIN C TREATMENT (ORGANIC FROM THE BAOBAB TREE)

An ultra-revitalising, de-ageing and rejuvenating gel mask enriched with natural moisture binding ingredients, alpha hydroxy acids and peptides. The combination of ingredients has a multitude of highly effective properties that will leave the skin visibly detexturised and smooth.

50min / R450

REVITALIZING VITA GEL MASK TREATMENT

An ultra-revitalising, de-ageing and rejuvenating gel mask enriched with natural moisture binding ingredients, alpha hydroxy acids and peptides. The combination of ingredients has a multitude of highly effective properties that will leave the skin visibly detexturised and smooth.

50min / R450



KALAHARI PHYTIC CLAY TREATMENT

The Phytic Clay Treatment Mask contains effective ingredients such as Glycolic acid, Mandelic acid and Phytic acid derived from Soybean extract. The treatment clay accelerates collagen stimulation, skin rejuvenation and is suitable for problematic skins as well as hyperpigmentation.

50min / 470

KALAHARI PHYTO ENZYME TREATMENT

The Phyto Enzyme Treatment is a highly effective; deep cleanse exfoliation treatment with de-ageing benefits. The treatment gel contains Pumpkin enzymes in combination with Glycolic acid and will leave the skin visibly brighter and rejuvenated.

50min / R450

KALAHARI TCA PEEL 8/12%

CA, Trichloroacetic acid, is a medium strength chemical coagulant that revitalises the skin by lifting dead surface cells and stimulates skin mitosis. TCA Treatments will effectively refine the appearance of fine lines and wrinkles, enlarged pores and even out skin discoloration. The skin will appear visibly smoother, detexturised and radiant..

30min / R500



RADIO FREQUENCY SKIN TIGHTENING

Radiofrequency skin tightening, is a nonsurgical method of tightening your skin. The procedure involves using energy waves to heat the deep layer of your skin known as your dermis. This heat stimulates the production of collagen. Collagen is the most common protein in your body. It creates the framework of your skin and gives your skin its firmness. As you age, your cells produce less collagen, which leads to sagging skin and wrinkles. Skin laxity occurs around age 35 to 40 when the quantity and quality of your collagen begins to decline

We recommend a course of 6 treatments

Face & Neck 60min / R530
Face, neck & decollete 75min / R700
Eyelift 30min R350
Lip & Eyelift 40min R400
Decollete 20min /R300

ADD ON SKIN SUPPLEMENTS

Professional and highly concentrated solutions have been specifically formulated to enhance and prolong professional optiphi® treatment outcomes.

The optiphi® Skin Supplements are divided into 2 categories:
 Essential Skin Supplements (3 options) to be incorporated into the current optiphi Classic Indulgent and Skin Rejuvenation Treatments and may be combined with standard skin treatments and 8 procedures.

R150

Advanced Skin Supplements (4 options) are innovatively designed to be integrated into progressive treatments such as micro-needling, light and laser therapies and advanced peels.

R250



HANDS & NAILS

GEL OVERLAY HANDS

R270

TIPS WITH GEL OVERLAY

R400

GEL OVERLAY TOES

R220

NAIL REPAIR

R35

SOAK OFF

R150



WAXING

Full leg 30min / R230

Half Leg 20min/185

Upper leg 20min / R190

Underarm 15min/ R110

Bikini 20min/ R155

G-string 20min / R185

Brizilian 30min /R230

Hollywood 45min / R270

Brow wax 15min/ R80

Lip wax 10min /R70

Chin wax 10min/ R50

Lip & brow 20min / R130

Face wax 30min /R220

BROWS

Brow tint 10min / R75

Lash tint 30min / R130

Lash & brow tint / 30min R160

Brow tint & shape / 20min R130

Brow shape / 15min R75

Lip & brow shape / 20min R130

Lip wax / R70

Chin wax /R70

Face wax / R220



HOLISTIC MASSAGE

Therapeutic massage which is a hands-on therapy that affects the physical, emotional, mental and spiritual levels of the body. ... Massage has a subtle yet profound influence on all the systems of the body, as it encourages and supports the body's own healing powers.

Full body 60min R660 | Back & neck 30min R350

HOTSTONE MASSAGE

Speciality massage where smooth, heated stones are used by placing them or rubbing them on the body. The heat from the stones leads to deep relaxation and to warming up of the tight muscles enabling the therapist to work more deeply and quickly.

Full body 60min R800 | Back & neck 30min R400

INDIAN HEAD MASSAGE

Includes various massage strokes and acupressure points. Treatment includes kneading and probing of the neck and shoulder areas. The scalp is then massaged, using squeezing, tapping, rubbing or prodding motions.

30min R350



RADIO FREQUENCY FAT LOSS LIPOLYSIS

Radio Frequency for fat Loss & vacuum therapy Radiofrequency lipolysis is a treatment which uses a radio frequency to heat the fat without contacting the patient. One of the newest fat reduction technologies is radiofrequency. Radio Frequency delivers energy to the areas of fat by driving controlled heat deep within the fat cells and subsequently destroys them. Radiofrequency is a very versatile procedure that can be used on any area of the body – from large areas like the abdomen to very small areas such as the chin – with the same degree of success. It uses sound waves to vibrate and cause mechanical disruption of fat cells causing them to break down. Another benefit of radiofrequency is its ability to reduce both fat and tighten the skin by directing energy to target collagen especially when diet and exercise has failed. Radio Frequency is also ideal for the age-old problem of spot reduction. The treatment program is designed to improve body shape and reduce unwanted fat from areas such as face and neck, upper arms, abdomen, thighs, buttocks, hips, knees, calves, ankles and male breasts.

ABDOMEN 45MIN/ R450

BUM & THIGHS 60MIN /R600

BUM & THIGHS 90MIN R800

UPPER ARMS 45MIN / R450

INNER & OUTER THIGHS 60MIN / R600

DOUBLE CHIN 30MIN / R350

**BOOK A COUSE OF 6 TREATMENTS & ONLY PAY
FOR 5**



PACKAGES

RESTORE

30min Back neck and shoulder massage including a foot & heel treatment.

45MIN/ R550

REVIVING BACK TREATMENT

Invigorating back steam and scrub followed by a 30min Back neck and shoulder massage

50MIN/ R650

PAMPER

30 min Back & neck massage followed by a Kalahari therapeutic facial and head massage

75MIN/ R750

ESSENTIALS

Optiphi skin rejuvenation treatment followed with a basic Gel pedicure

90 MIN/ R900