



### OPTIPHI BALANCING FACIAL

Gentle facial, designed for any skin type. Promotes cell activity and increases circulation & cell activity

**60 min / R550**

### OPTIPHI DEEP CLEANSE CLARIFY TREATMENT

Provides a fresh, cool feeling to the skin. Uses Enzyme exfoliation to remove congestion and clean blocked pores. Clarify mouse probiotic mask is designed to rebalance skin's microbiome.

**45min / R440**

### OPTIPHI INDULGENT FACIAL

Treats a multitude of skin concerns with the use of peptides, botanicals and carefully selected active ingredients. Tailored by the therapist to meet the client's needs. Various treatment selections.

**75 min / R800**

### OPTIPHI ADD ON EYE TREATMENT

Hydrating, soothing eye mask treatment. Additional take home mask included.

**10 min / R300**



### OPTIPHI RADIANCE BOOST FACIAL

Brighten and energise your skin. Your results would be a smoother, radiant and vibrantly alive skin. Delays premature ageing, retexturises, renews and firms while treating lines and wrinkles. Environmental protection, treats hormonal shifts and defends against dehydration.

**90 min / R800**

### OPTIPHI FIRMING PEPTIDE FACIAL

Brighten and energise your skin. Your results would be a smoother, radiant and vibrantly alive skin. Delays premature ageing, retexturises, renews and firms while treating lines and wrinkles. Environmental protection, treats hormonal shifts and defends against dehydration.

**90 min / R800**

### OPTIPHI HYDRATE & REPAIR FACIAL

This indulgent facial targets signs of redness, irritation and breakouts in the skin. This customizable treatment is a luxurious sensorial experience delivering perceivable results.

**90 min / R800**

### DERMAPLANING ADD ON

This procedure involves a scapel tool, that exfoliates your skin and gets rid of dirt and vellus hair. The exfoliation and hair removal can leave your skin brighter and smoother. The treatment soften fine lines and wrinkles and ease hyperpigmentation, or uneven skin tone. It's also used to treat deep acne scars

**R200**



### OPTIPHI SKIN REJUVUNATION PEEL

A rejuvenating peel with a difference - Experience true skin rejuvenation results without the nasty side effects generally associated with peeling. The skin rejuvenation peel is the first peeling system to offer a solution to all skin conditions by combining the regenerative capabilities of Glycolic Acid and intensely hydrating active ingredients. No down time... can be used even on sensitive skin.

Unlike other peels, this will stimulate skin growth and make skin thicker. Results driven facial

**60 min / R700**

### OPTIPHI LYPOHYDROXY ACID PEEL

Lipohydroxy Acid (LHA) is a new generation beta hydroxy acid. The LHA Peel is depth dependant, not time dependant, and thus does not need neutralizing. This oil-based peel is highly lipophilic which means it dissolves oils on the surface and thus allows for an extended exfoliating action of up to 4 days.

Beautiful instant results.

**45 min / R750**

### OPTIPHI NANO NEEDLING ADD ON

Nano cartridge comprised of tiny, pyramid-like needle tips on a flat base with 0.015mm depth of piercing, is used to make microscopic punctures in the upper layers of the epidermis. The tips of cartridge are thinner than a human hair and are designed to; exfoliate the skin removing dead skin cells; create microscopic puncture wounds allowing optiphi® peels and / or range of super boosting skin serums to penetrate deeper into the skin; encourage collagen growth and elastin to strengthen.

**15 min / R250**



### OPTIPHI 30 / 30 PEEL

The new 30|30 Peel is an ingenious combination of 30% Glycolic Acid, 30% Ascorbic Acid and Glycyrrhetic Acid. This trio of acids, synergistically and directly targets the signs of UV-induced aging. Ascorbic Acid and Glycolic Acid offer a host of anti-pigmentation and anti-aging benefits, such as aiding skin immunity, boosting collagen production and protection, reinforcing the skin's barrier and minimizing skin sensitivity and redness commonly resulting from UV exposure. The addition of the potent anti-oxidant, Glycyrrhetic Acid to the peel formulation, delivers a powerful calming effect on the skin. It reduces skin sensitivity and redness by targeting the inflammatory pathways, in turn assisting in reducing post-inflammatory hyper-pigmentation.

**60 min / R750**

### OPTIPHI RETINOL PEEL

Retinol is a type of vitamin A. Rather than only removing dead skin cells as many other anti-aging and acne products do, the small molecules that make up retinol penetrate to deeper levels in the skin, helping neutralize free radicals and so boost the production of elastin and collagen. This creates a "plumping" effect that reduces the appearance of fine lines, wrinkles, and enlarged pores. At the same time, retinol has an exfoliating effect on the skin's surface that can further improve texture and tone. We also include a take home serum in this treatment to help with inflammation & recovery for optimal results.

**40 min / R900**

### OPTIPHI MICRONEEDLING

This revolutionary micro-needling device aims to tighten, lift and rejuvenate skin. The Device can visibly improve the appearance of fine lines, wrinkles, stretch marks and scars (surgical, acne or trauma induced). It can also be used for the stimulation of hair growth. When the needle tip makes contact with the skin, the needles create tiny punctures into the skin's surface, causing micro-trauma, and inducing a wound healing response, and subsequently, the creation of new healthy collagen. The punctures also act as micro-channels that carry topical nutrients used during the treatment, deep into skin layers for an increased effect.

**90min / R1000 (face)  
R1200 (Face & neck area )**



## DMK ENZYME TREATMENT

This treatment is one of a kind. World wide known as the DMK Enzyme therapy signature treatment. This treatment is designed to increase chemical processed in the body to restore and rebuild what is damaged and needed. All skin conditions will bennefit from this treatment, it brings skin back to perfect balance. This treatment stimulates Langerhans cells wich responds to skin ummune system.

**90min / R900**  
**Add extractions R150**

## DMK DEEP CLEANSE

This treatment is designed to soften skin congestion and deep cleanse at the same time. It leaves skin bright and refreshed.

**45 min / R550**



### THERAPEUTIC HONEY BUSH FACIAL

Kalahari Honeybush Facial Treatment is a combination of effective African plant extracts and oils that will nourish a dull and dehydrated skin. The skin will appear rejuvenated and ultra hydrated. This treatment includes a face and neck massage and is suitable for all skin conditions, including young skins.

**50min / R450**

### VITAMIN C TREATMENT (ORGANIC FROM THE BAOBAB TREE)

An ultra-revitalising, de-ageing and rejuvenating gel mask enriched with natural moisture binding ingredients, alpha hydroxy acids and peptides. The combination of ingredients has a multitude of highly effective properties that will leave the skin visibly detexturised and smooth.

**50min / R480**

### REVITALIZING VITA GEL MASK TREATMENT

An ultra-revitalising, de-ageing and rejuvenating gel mask enriched with natural moisture binding ingredients, alpha hydroxy acids and peptides. The combination of ingredients has a multitude of highly effective properties that will leave the skin visibly detexturised and smooth.

**50min / R480**



### KALAHARI PHYTIC CLAY TREATMENT

The Phytic Clay Treatment Mask contains effective ingredients such as Glycolic acid, Mandelic acid and Phytic acid derived from Soybean extract. The treatment clay accelerates collagen stimulation, skin rejuvenation and is suitable for problematic skins as well as hyperpigmentation.

**50min / 500**

### KALAHARI PHYTO ENZYME TREATMENT

The Phyto Enzyme Treatment is a highly effective; deep cleanse exfoliation treatment with de-ageing benefits. The treatment gel contains Pumpkin enzymes in combination with Glycolic acid and will leave the skin visibly brighter and rejuvenated.

**50min / R470**

### KALAHARI TCA PEEL 8/12%

CA, Trichloroacetic acid, is a medium strength chemical coagulant that revitalises the skin by lifting dead surface cells and stimulates skin mitosis. TCA Treatments will effectively refine the appearance of fine lines and wrinkles, enlarged pores and even out skin discoloration. The skin will appear visibly smoother, detexturised and radiant..

**30min / R520**



## RADIO FREQUENCY SKIN TIGHTENING

Radiofrequency skin tightening, is a nonsurgical method of tightening your skin. The procedure involves using energy waves to heat the deep layer of your skin known as your dermis. This heat stimulates the production of collagen. Collagen is the most common protein in your body. It creates the framework of your skin and gives your skin its firmness. As you age, your cells produce less collagen, which leads to sagging skin and wrinkles. Skin laxity occurs around age 35 to 40 when the quantity and quality of your collagen begins to decline

We recommend a course of 6 treatments

**Face & Neck 60min / R530**  
**Face, neck & decollete 75min / R700**  
**Eyelift 30min R350**  
**Lip & Eyelift 40min R400**  
**Decollete 20min /R300**

## ADD ON SKIN SUPPLEMENTS

Professional and highly concentrated solutions have been specifically formulated to enhance and prolong professional optiphi® treatment outcomes.

The optiphi® Skin Supplements are divided into 2 categories:  
 Essential Skin Supplements (3 options) to be incorporated into the current optiphi Classic Indulgent and Skin Rejuvenation Treatments and may be combined with standard skin treatments and 8 procedures.

**R150**

Advanced Skin Supplements (4 options) are innovatively designed to be integrated into progressive treatments such as micro-needling, light and laser therapies and advanced peels.

**R250**



## RADIO FREQUENCY FAT LOSS LIPOLYSIS

Radio Frequency for fat Loss & vacuum therapy Radiofrequency lipolysis is a treatment which uses a radio frequency to heat the fat without contacting the patient. One of the newest fat reduction technologies is radiofrequency. Radio Frequency delivers energy to the areas of fat by driving controlled heat deep within the fat cells and subsequently destroys them. Radiofrequency is a very versatile procedure that can be used on any area of the body - from large areas like the abdomen to very small areas such as the chin - with the same degree of success. It uses sound waves to vibrate and cause mechanical disruption of fat cells causing them to break down. Another benefit of radiofrequency is its ability to reduce both fat and tighten the skin by directing energy to target collagen especially when diet and exercise has failed. Radio Frequency is also ideal for the age-old problem of spot reduction. The treatment program is designed to improve body shape and reduce unwanted fat from areas such as face and neck, upper arms, abdomen, thighs, buttocks, hips, knees, calves, ankles and male breasts.

ABDOMEN 45MIN/ R500

BUM & THIGHS 60MIN /R650

BUM & THIGHS 90MIN R850

UPPER ARMS 45MIN / R500

INNER & OUTER THIGHS 60MIN / R650

DOUBLE CHIN 30MIN / R400

BOOK A COUSE OF 6 TREATMENTS & ONLY PAY  
FOR 5